

AAUW Maryland 2023 Annual Meeting

Speaker's Biographies

Dr. Jameta Barlow, PhD, MPH, Assist. Professor of Writing at George Washington University



Dr. Barlow is a community health psychologist and an assistant professor of writing at The George Washington University in Washington, DC. Dr. Barlow utilizes decolonizing methodologies to disrupt intergenerational trauma, chronic health diseases, and structural policies adversely affecting Black girls' and women's health. Dr. Barlow holds a Bachelor of Arts (BA) in English from Spelman College, a Master of Public Health (MPH) in Maternal and Child Health from The George Washington University, and a Doctor of Philosophy (PhD) in Psychology from North Carolina State University.

Dr. Nicole Kumi, Ph.D., Founder and CEO, Kumi Training and Development



Dr. Nicole Kumi is the CEO and founder of Kumi Training and Development, a maternal wellness organization specializing in perinatal transitional coaching. Her work centers around reducing the stigma associated with mental illness through education, awareness programs, and courses. In 2018 Nicole found herself on the other side of the behavioral healthcare system, needing services after being diagnosed with Postpartum Depression. During this time, she realized how little discussion existed around perinatal mood and anxiety disorders. After her ordeal, Nicole felt called to action on behalf of mothers everywhere who stayed silent about their postpartum issues. In 2019 Nicole published her first book, *Postpartum My Language: My True Account of the 4th Trimester*, to bring awareness to the isolation, silence, and crisis affecting mothers nationwide. Dr. Kumi received her Bachelor's and Master's in Criminal Justice from Marywood University and her Ph.D. in Advanced Studies in Human Behavior from Capella University.